



Österr. Hallenmeisterschaften der Nachwuchsklasse

10.03.-12.03.2023



Fortsetzung Bewerb 1 - 400m Freistil Damen

AK 11, Pflichtzeit: 05:48,57

2.	Alfarei, Linda	2012	AUT	SC IKB Innsbruck	05:20,57	+17.42	388
50m: 00:33,85, 100m: 01:14,16 (00:40,31), 150m: 01:55,82 (00:41,66), 200m: 02:37,96 (00:42,14) 250m: 03:19,48 (00:41,52), 300m: 04:00,96 (00:41,48), 350m: 04:43,25 (00:42,29), 400m: 05:20,57 (00:37,32)							

AK 13, Pflichtzeit: 05:17,93

4.	Troppmair, Emma	2010	AUT	SC IKB Innsbruck	04:56,72	+07.84	489
RT +0.63 50m: 00:32,28, 100m: 01:08,28 (00:36,00), 150m: 01:45,79 (00:37,51), 200m: 02:23,36 (00:37,57) 250m: 03:01,11 (00:37,75), 300m: 03:39,54 (00:38,43), 350m: 04:18,33 (00:38,79), 400m: 04:56,72 (00:38,39)							
11.	Monz, Nora	2010	AUT	SC IKB Innsbruck	05:16,61	+27.73	403
RT +0.66 50m: 00:34,23, 100m: 01:13,25 (00:39,02), 150m: 01:54,11 (00:40,86), 200m: 02:33,83 (00:39,72) 250m: 03:15,42 (00:41,59), 300m: 03:56,69 (00:41,27), 350m: 04:37,84 (00:41,15), 400m: 05:16,61 (00:38,77)							

AK 14, Pflichtzeit: 05:10,21

12.	Erhardter, Mia	2009	AUT	SC IKB Innsbruck	05:01,89	+33.54	465
RT +0.69 50m: 00:32,46, 100m: 01:09,39 (00:36,93), 150m: 01:47,40 (00:38,01), 200m: 02:26,08 (00:38,68) 250m: 03:04,68 (00:38,60), 300m: 03:43,82 (00:39,14), 350m: 04:23,08 (00:39,26), 400m: 05:01,89 (00:38,81)							

AK 15, Pflichtzeit: 05:05,01

----	Zoller, Lea	2008	AUT	SC IKB Innsbruck		n.a.Start	
Abgemeldet.							

Fortsetzung Bewerb 2 - 200m Lagen Herren

AK 16, Pflichtzeit: 02:30,63

2.	Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	02:09,95	+02.21	600
RT +0.64 50m: 00:26,94, 100m: 00:58,67 (00:31,73), 150m: 01:39,79 (00:41,12), 200m: 02:09,95 (00:30,16)							

Fortsetzung Bewerb 3 - 100m Brust Damen

AK 13, Pflichtzeit: 01:27,47

6.	Monz, Nora	2010	AUT	SC IKB Innsbruck	01:30,56	+07.77	RG 326
RT +0.59 50m: 00:42,19, 100m: 01:30,56 (00:48,37)							

AK 14, Pflichtzeit: 01:25,79

5.	Pomaroli, Anna	2009	AUT	SC IKB Innsbruck	01:19,83	+06.26	476
50m: 00:37,72, 100m: 01:19,83 (00:42,11)							

AK 15, Pflichtzeit: 01:23,96

8.	Pabst, Lisa	2008	AUT	SC IKB Innsbruck	01:18,84	+06.14	494
RT +0.77 50m: 00:36,71, 100m: 01:18,84 (00:42,13)							



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Fortsetzung Bewerb 4 - 200m Rücken Herren

AK 12, Pflichtzeit: 02:50,22

5. Höller, Lukas	2011	AUT	SC IKB Innsbruck	02:45,68	+04.92	259
RT +0.58 50m: 00:38,39, 100m: 01:21,33 (00:42,94), 150m: 02:04,86 (00:43,53), 200m: 02:45,68 (00:40,82)						

Fortsetzung Bewerb 5 - 4x50m Lagenstaffel Damen

Schüler & Jugendklasse

3. 1. Mannschaft		AUT	SC IKB Innsbruck	02:07,00	+05.41	523
Zoller Lea (2008 / 15 Jahre), RT +0.60 50m: 00:30,42 Pabst Lisa (2008 / 15 Jahre), RT +0.43 100m: 01:06,07 (00:35,65) Erharder Mia (2009 / 14 Jahre), RT +0.29 150m: 01:37,29 (00:31,22) Troppmair Emma (2010 / 13 Jahre), RT +0.51 200m: 02:07,00 (00:29,71)						

--- 2. Abschnitt ---

Fortsetzung Bewerb 6 - 400m Freistil Herren

AK 16, Pflichtzeit: 04:44,88

1. Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	04:03,95		658
RT +0.63 50m: 00:27,93, 100m: 00:58,68 (00:30,75), 150m: 01:30,54 (00:31,86), 200m: 02:02,39 (00:31,85) 250m: 02:33,39 (00:31,00), 300m: 03:04,30 (00:30,91), 350m: 03:34,45 (00:30,15), 400m: 04:03,95 (00:29,50)						

Bewerb 7 - 200m Freistil Damen

AK 11, Pflichtzeit: 02:43,89

1. Alfarei, Linda	2012	AUT	SC IKB Innsbruck	02:32,52		378
RT +0.55 50m: 00:34,81, 100m: 01:14,99 (00:40,18), 150m: 01:56,78 (00:41,79), 200m: 02:32,52 (00:35,74)						

AK 13, Pflichtzeit: 02:30,70

11. Troppmair, Emma	2010	AUT	SC IKB Innsbruck	02:27,03	+10.01	422
RT +0.48 50m: 00:32,23, 100m: 01:09,17 (00:36,94), 150m: 01:48,04 (00:38,87), 200m: 02:27,03 (00:38,99)						

AK 14, Pflichtzeit: 02:26,64

9. Erharder, Mia	2009	AUT	SC IKB Innsbruck	02:20,46	+15.86	484
RT +0.21 50m: 00:31,33, 100m: 01:07,35 (00:36,02), 150m: 01:44,47 (00:37,12), 200m: 02:20,46 (00:35,99)						

AK 15, Pflichtzeit: 02:24,55

15. Pabst, Lisa	2008	AUT	SC IKB Innsbruck	02:19,85	+12.30	490
RT +0.27 50m: 00:31,94, 100m: 01:07,22 (00:35,28), 150m: 01:43,81 (00:36,59), 200m: 02:19,85 (00:36,04)						



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Fortsetzung Bewerb 8 - 100m Schmetterling Herren

AK 16, Pflichtzeit: 01:05,49

5. Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	00:59,08	+02.49	528
RT +0.58 50m: 00:27,42, 100m: 00:59,08 (00:31,66)						

Fortsetzung Bewerb 9 - 100m Rücken Damen

AK 14, Pflichtzeit: 01:15,98

9. Erharter, Mia	2009	AUT	SC IKB Innsbruck	01:12,03	+06.66	442
RT +0.67 50m: 00:34,60, 100m: 01:12,03 (00:37,43)						

AK 15, Pflichtzeit: 01:15,27

4. Zoller, Lea	2008	AUT	SC IKB Innsbruck	01:07,67	+03.43	533
RT +0.68 50m: 00:32,87, 100m: 01:07,67 (00:34,80)						

--- 3. Abschnitt ---

Fortsetzung Bewerb 11 - 100m Schmetterling Damen

AK 14, Pflichtzeit: 01:13,56

12. Erharter, Mia	2009	AUT	SC IKB Innsbruck	01:14,09	+07.53	RG	400
RT +0.68 50m: 00:33,78, 100m: 01:14,09 (00:40,31)							

Fortsetzung Bewerb 13 - 100m Freistil Damen

AK 11, Pflichtzeit: 01:15,68

2. Alfarei, Linda	2012	AUT	SC IKB Innsbruck	01:10,43	+05.47	363
RT +0.69 50m: 00:34,05, 100m: 01:10,43 (00:36,38)						

AK 13, Pflichtzeit: 01:09,54

11. Troppmair, Emma	2010	AUT	SC IKB Innsbruck	01:05,90	+03.67		443
50m: 00:31,14, 100m: 01:05,90 (00:34,76)							
18. Monz, Nora	2010	AUT	SC IKB Innsbruck	01:10,13	+07.90	RG	367
RT +0.60 50m: 00:33,85, 100m: 01:10,13 (00:36,28)							

AK 14, Pflichtzeit: 01:07,74

10. Erharter, Mia	2009	AUT	SC IKB Innsbruck	01:05,04	+07.33	461
RT +0.70 50m: 00:31,05, 100m: 01:05,04 (00:33,99)						

AK 15, Pflichtzeit: 01:06,69

7. Zoller, Lea	2008	AUT	SC IKB Innsbruck	01:02,76	+02.95	513
RT +0.67 50m: 00:30,21, 100m: 01:02,76 (00:32,55)						



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Fortsetzung Bewerb 14 - 100m Brust Herren

AK 16, Pflichtzeit: 01:16,87

6. Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	01:10,12	+03.28	489
RT +0.65 50m: 00:32,76, 100m: 01:10,12 (00:37,36)						

Fortsetzung Bewerb 15 - 200m Lagen Damen

AK 11, Pflichtzeit: 03:05,58

6. Alfarei, Linda	2012	AUT	SC IKB Innsbruck	03:00,72	+07.63	306
RT +0.62 50m: 00:40,44, 100m: 01:28,18 (00:47,74), 150m: 02:21,59 (00:53,41), 200m: 03:00,72 (00:39,13)						

AK 14, Pflichtzeit: 02:46,12

8. Pomaroli, Anna	2009	AUT	SC IKB Innsbruck	02:38,63	+15.03	453
RT +0.70 50m: 00:35,01, 100m: 01:16,49 (00:41,48), 150m: 02:01,16 (00:44,67), 200m: 02:38,63 (00:37,47)						

AK 15, Pflichtzeit: 02:43,33

9. Pabst, Lisa	2008	AUT	SC IKB Innsbruck	02:35,78	+11.43	478
RT +0.74 50m: 00:33,82, 100m: 01:14,01 (00:40,19), 150m: 01:58,18 (00:44,17), 200m: 02:35,78 (00:37,60)						

--- 4. Abschnitt ---

Fortsetzung Bewerb 17 - 200m Freistil Herren

AK 16, Pflichtzeit: 02:13,70

1. Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	01:52,41		690
RT +0.67 50m: 00:25,69, 100m: 00:54,12 (00:28,43), 150m: 01:22,95 (00:28,83), 200m: 01:52,41 (00:29,46)						

Fortsetzung Bewerb 18 - 800m Freistil Damen

AK 11, Pflichtzeit: 12:00,20

2. Alfarei, Linda	2012	AUT	SC IKB Innsbruck	10:48,45	+21.26	403
50m: 00:35,21, 100m: 01:15,52 (00:40,31), 150m: 01:56,67 (00:41,15), 200m: 02:38,10 (00:41,43) 250m: 03:20,09 (00:41,99), 300m: 04:01,96 (00:41,87), 350m: 04:43,52 (00:41,56), 400m: 05:26,71 (00:43,19) 450m: 06:05,82 (00:39,11), 500m: 06:46,16 (00:40,34), 550m: 07:27,73 (00:41,57), 600m: 08:09,54 (00:41,81) 650m: 08:50,85 (00:41,31), 700m: 09:31,95 (00:41,10), 750m: 10:12,43 (00:40,48), 800m: 10:48,45 (00:36,02)						

AK 13, Pflichtzeit: 10:57,08

3. Troppmair, Emma	2010	AUT	SC IKB Innsbruck	10:12,37	+20.81	479
RT +0.55 50m: 00:32,54, 100m: 01:09,19 (00:36,65), 150m: 01:47,03 (00:37,84), 200m: 02:25,55 (00:38,52) 250m: 03:04,24 (00:38,69), 300m: 03:42,85 (00:38,61), 350m: 04:21,87 (00:39,02), 400m: 05:00,80 (00:38,93) 450m: 05:39,87 (00:39,07), 500m: 06:19,07 (00:39,20), 550m: 06:58,39 (00:39,32), 600m: 07:37,68 (00:39,29) 650m: 08:16,95 (00:39,27), 700m: 08:56,32 (00:39,37), 750m: 09:34,83 (00:38,51), 800m: 10:12,37 (00:37,54)						



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Fortsetzung Bewerb 19 - 100m Rücken Herren

AK 12, Pflichtzeit: 01:19,04

4. Höller, Lukas	2011	AUT	SC IKB Innsbruck	01:17,13	+07.25	246
RT +0.59 50m: 00:37,48, 100m: 01:17,13 (00:39,65)						

AK 16, Pflichtzeit: 01:08,23

3. Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	01:00,87	+04.52	500
RT +0.68 50m: 00:28,52, 100m: 01:00,87 (00:32,35)						

Fortsetzung Bewerb 20 - 200m Rücken Damen

AK 13, Pflichtzeit: 02:48,03

14. Troppmair, Emma	2010	AUT	SC IKB Innsbruck	02:45,88	+14.46	368
RT +0.77 50m: 00:38,36, 100m: 01:20,43 (00:42,07), 150m: 02:03,93 (00:43,50), 200m: 02:45,88 (00:41,95)						

AK 14, Pflichtzeit: 02:43,93

6. Erharter, Mia	2009	AUT	SC IKB Innsbruck	02:34,12	+12.50	459
RT +0.67 50m: 00:34,62, 100m: 01:13,60 (00:38,98), 150m: 01:54,55 (00:40,95), 200m: 02:34,12 (00:39,57)						

AK 15, Pflichtzeit: 02:41,23

4. Zoller, Lea	2008	AUT	SC IKB Innsbruck	02:27,48	+03.28	524
RT +0.66 50m: 00:33,63, 100m: 01:11,58 (00:37,95), 150m: 01:50,68 (00:39,10), 200m: 02:27,48 (00:36,80)						
7. Pabst, Lisa	2008	AUT	SC IKB Innsbruck	02:33,00	+08.80	469
RT +0.69 50m: 00:36,88, 100m: 01:15,68 (00:38,80), 150m: 01:54,85 (00:39,17), 200m: 02:33,00 (00:38,15)						

--- 5. Abschnitt ---

Fortsetzung Bewerb 23 - 400m Lagen Damen

AK 14, Pflichtzeit: 05:53,29

7. Pomaroli, Anna	2009	AUT	SC IKB Innsbruck	05:38,38	+26.95	448
RT +0.61 50m: 00:36,30, 100m: 01:18,96 (00:42,66), 150m: 02:02,02 (00:43,06), 200m: 02:44,30 (00:42,28), 250m: 03:31,65 (00:47,35), 300m: 04:19,40 (00:47,75), 350m: 05:00,83 (00:41,43), 400m: 05:38,38 (00:37,55)						

AK 15, Pflichtzeit: 05:47,55

9. Pabst, Lisa	2008	AUT	SC IKB Innsbruck	05:31,75	+20.73	475
RT +0.81 50m: 00:37,00, 100m: 01:20,45 (00:43,45), 150m: 02:02,20 (00:41,75), 200m: 02:44,26 (00:42,06), 250m: 03:28,94 (00:44,68), 300m: 04:15,82 (00:46,88), 350m: 04:54,74 (00:38,92), 400m: 05:31,75 (00:37,01)						



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Fortsetzung Bewerb 26 - 4x50m Freistil Damen

Schüler & Jugendklasse

5. 1. Mannschaft	AUT	SC IKB Innsbruck	01:56,52	+05.92	500
Zoller Lea (2008 / 15 Jahre), RT +0.66 50m: 00:28,52					
Pabst Lisa (2008 / 15 Jahre), RT +0.56 100m: 00:58,08 (00:29,56)					
Erharter Mia (2009 / 14 Jahre), RT +0.12 150m: 01:26,94 (00:28,86)					
Troppmair Emma (2010 / 13 Jahre), RT +0.29 200m: 01:56,52 (00:29,58)					

--- 6. Abschnitt ---

Fortsetzung Bewerb 27 - 100m Freistil Herren

AK 12, Pflichtzeit: 01:09,68

7. Höller, Lukas	2011	AUT	SC IKB Innsbruck	01:11,81	+06.88	RG	243
RT +0.49 50m: 00:34,51, 100m: 01:11,81 (00:37,30)							

AK 16, Pflichtzeit: 01:01,30

1. Krätschmer, Moritz	2007	AUT	SC IKB Innsbruck	00:51,24			670
RT +0.69 50m: 00:24,70, 100m: 00:51,24 (00:26,54)							

Fortsetzung Bewerb 28 - 200m Brust Damen

AK 11, Pflichtzeit: 03:26,14

6. Alfarei, Linda	2012	AUT	SC IKB Innsbruck	03:21,48	+17.90		297
50m: 00:46,11, 100m: 01:37,82 (00:51,71), 150m: 02:30,43 (00:52,61), 200m: 03:21,48 (00:51,05)							

AK 13, Pflichtzeit: 03:08,37

5. Monz, Nora	2010	AUT	SC IKB Innsbruck	03:02,49	+05.64		400
50m: 00:40,85, 100m: 01:27,95 (00:47,10), 150m: 02:16,13 (00:48,18), 200m: 03:02,49 (00:46,36)							

AK 14, Pflichtzeit: 03:05,36

6. Pomaroli, Anna	2009	AUT	SC IKB Innsbruck	02:52,51	+13.97		474
50m: 00:38,14, 100m: 01:21,32 (00:43,18), 150m: 02:06,79 (00:45,47), 200m: 02:52,51 (00:45,72)							

AK 15, Pflichtzeit: 03:01,53

5. Pabst, Lisa	2008	AUT	SC IKB Innsbruck	02:49,79	+12.44		497
RT +0.78 50m: 00:38,29, 100m: 01:21,29 (00:43,00), 150m: 02:05,67 (00:44,38), 200m: 02:49,79 (00:44,12)							